



Information Packet:

Dear Campers,

The following confirmation packet contains very important information regarding your stay with us at surf camp. Please read thru this carefully as some of our guidelines have changed and new required forms have been added. Included are new Guidelines to adhere to regarding the recent Covid-19 Pandemic, a description of how we expect camp to run this summer, and important forms that need to be signed prior to your stay with us at surf camp. As well we have our Packing List for Surf Camp, Traveling To Camp Information along with lots of other important information regarding your stay with us this summer. Please print this, read thru this carefully, and call us if you have any further questions.

We are so looking forward to surfing with everyone and sincerely missed it last year when we decided to take a summer off due to Covid-19. Camp will run a little differently this year but we still plan to have the same amount of fun in and out of the water. The main differences will be that we are taking smaller group sizes, only 1 person per tent (unless family or cohort member) to practice social distancing, meals will be served differently with lunches being packed individually and day campers are to bring their own lunches, just to name a few of our changes. In order for a safe surf camp to run this summer we are asking everyone to work responsibly together **Prior** surf camp, **During** surf camp and **After** surf camp.

Prior to Surf Camp:

Campers - We know that a full scale quarantine for 10 days leading up to camp may not be practical as summer approaches. However, we also know that would be the best way to properly protect against campers arriving in camp with the virus. Therefore, as a practical solution we are asking all campers to control your movements in the weeks prior to camp. We ask that campers and their families agree to avoid social gatherings and activities where exposure to others outside their household may pose an elevated risk of exposure to COVID-19. Campers will be required to monitor health status daily for the 14 days leading up to camp, observing for COVID-19 symptoms during this period. A required Pre Camp Screening form is attached to this packet to help you monitor your health. We also request that campers, their families, and camp staff follow [guidance for travelers](#) in the 10 days before camp arrival to reduce exposure to COVID-19.

Requirements prior to surf camp this summer:

- A negative COVID-19 test must be submitted to office ahead of time or presented at check-in. Campers must be tested for COVID-19 within 72 hours prior to arrival at camp. If a camper tests positive prior to camp, contact office immediately.

- Our COVID-19 Liability Release Waiver must be submitted to the office prior to arrival at surf camp or on day of arrival. The COVID-19 Liability Release Waiver is available as part of this Information Packet and will also be added to your online application where you can e-sign.
- A required *Pre- Camp Health Screening Form (included in Camp Information Packet)* must be completed and brought to surf camp by each participant.

Staff will be required to avoid gatherings and practice safe physically distancing for 10 days prior to arriving at camp, self-monitor for symptoms, and receive a negative test result within the last 72 hours prior to coming to camp. Staff will also be tested systematically throughout the summer.

During Surf Camp:

- Camp will conduct daily [symptom checking](#) to monitor the health and well-being of camp staff and campers during the camp session.
- Enhanced cleaning of camp facilities.
- We will ask and remind campers to practice proper healthy hygiene habits including washing hands with soap and water, encouraging campers to cover their mouths when coughing and sneezing with tissue or inside of elbow.
- Most of camp activities take place outside and we are a small group however when necessary we will require campers to use a face mask. Face mask will be required to have with you at camp and use when necessary.
- Should a camper exhibit symptoms of COVID-19, that camper will be given a mask and isolated immediately and parents notified. Parent will be required to pick up their camper within 24 hours. All other campers will be monitored, and parents notified of a suspected case. If the camper tests positive the entire cohort at camp will be tested.

After Camp:

We ask that all campers communicate with camp administrators if a camper returns home and develops any Covid-19 Symptoms within 72 hours of departure from camp. Please make sure camper practices proper travel etiquette when returning home from camp. Refer to [CDC's Travel During COVID-19](#) website for more information about what to do after traveling home from camp.

COVID-19 CAMP GUIDELINES – OVERNIGHT CAMP

Summer 2021

The health and safety of our campers is our priority. We have been working hard to create guidelines for all who come to camp this summer. The American Camping Association engaged an expert panel coordinated by Environmental Health & Engineering Inc to create a practical guide and tool kit for reducing the risk at camp. What we know currently is that there is no single prevention method to mitigate the spread of Covid-19. Many camps are looking at a layered approach that includes some or all of the following safety protocols often referred to as, Nonpharmaceutical Interventions (NPI's): quarantining, screening, cohorting, hand hygiene, ventilation, sanitization, face coverings, physical distancing and testing. The ACA has compiled extensive research and data from camps across the country that opened last summer, which is providing a framework to assist camps in preparing for this summer. Below you will find information on what we are doing:

- A negative COVID-19 test must be presented at check-in if not submitted to office ahead of time. Campers must be tested for COVID-19 within 72 hours prior to arrival at camp.
- Check in times will be staggered for each camper to promote social distancing. Please contact us prior to arrival to determine an appropriate time.
- We are using a “one parent, one child” drop off policy. We ask that only one parent and their scheduled campers come to check in.
- Upon arrival, parents and campers will be directed to wash/sanitize their hands.
- One Camper per tent unless family member or household (cohort) member that has been approved by both parents to room together.
- Campers will go through a wellness check upon arrival. This will include a temperature check and questions relating to COVID-19. Should your child have a fever of more than 100.4 or exhibit any symptoms of COVID-19, they will not be allowed to check in. This includes campers who are arriving by plane. Staff will well check each camper. Should your camper exhibit any signs or symptoms, including a fever of more than 100.4, that camper will not be allowed to check in. Parents will be notified.
- No outside visitors will be allowed at surf camp.
- Campers will wash hands before every meal and eat in camp groups practicing social distancing.
- Camp will use disposable products to cut down on contamination, exception being water bottles. Please bring your own water bottle with name on it.

- Lunches will be packed individually for each participant and breakfast and dinners will not be self service anymore.
- If campers leave camp as a unit for any reason, i.e field trip to another beach, or town trip, they will always remain in their camp groups and will socially distance from all non-camp persons. When social distancing is not possible, masks will be worn.
- Upon returning to camp from beach or any outside of camp excursion, campers will immediately wash their hands and be given the opportunity to shower.
- Any equipment used during the day by campers will be sanitized daily and stored properly.
- Surf Camp staff will go through a daily and end of week thoroughly cleaning of all camp equipment and accommodations.
- Should a camper exhibit symptoms of COVID-19, that camper will be given a mask and isolated immediately and parents notified. All other campers will be monitored, and parents notified of a suspected case. If any camper tests positive the entire camp will be tested. If camper experiences COVID-19 Symptoms or are diagnosed with COVID-19 while participating at Endless Summer a parent or guardian must be available to pick the participant up within 12 hours of notification. If not available, plans for quarantine will be arranged and parent/guardians will be responsible for the expenses.

DAY CAMP GUIDELINES

- Check in and drop off will be staggered. We ask that only one parent accompany their children.
 - Day Surf Camp- Check in will take place at Public Access Trail #4 located in the parking lot just before surf camp. Please wait by your car to be waved over for check in a daily welcome/wellness test. Social distancing protocols will be followed.
- As campers arrive, staff will administer a wellness check which includes temperature check and questions on COVID-19 symptoms. Should participant have a temperature of 100.4 or higher or one of the symptoms of COVID-19, the participant will not be allowed to check in to camp.
- Campers will be grouped with same campers and staff every day.
- Campers will sanitize their hands upon arrival and before leaving each camp.
- All Surf Camp equipment used will be sanitized daily.

- If social distancing cannot be maintained in public, face masks will be worn.
- If a camper exhibits any symptoms of Covid-19. Camper will be given a mask and immediately isolated and sent home. Camper may not return to camp until they are fever free for 72 hours since recovery (without the use of fever-reducing medicine), other symptoms have improved, and at least 10 days have passed since first symptoms. And have a negative Covid tests.
- Pick up will be staggered. Staff will walk campers to vehicles.
- Day Campers need to pack their own lunches this year and bring water bottle with name on it

Surf Camp Packing List

Overnight Surf Campers:

- Sleeping bag, sleeping pad, and pillow
- Toothbrush, soap, and shampoo
- Flashlight/Lantern
- At least 2 bathing suits
- Sweats or warm clothes for cold mornings/evenings
- Spending Money (we receive discounts at local surf shops, and have a camp store with product for purchase, plus go to town once during the week.)

All Surf Campers:

- Face mask – at least two or more
- Personal hand sanitizer
- Beach & Shower Towels
- Water Bottle (We are trying to be environmentally conscious and eliminate plastic. Help us and bring a Water Bottle to use at camp and stay hydrated to surf longer)
- Sunscreen (waterproof SPF 30+)
- Sunglasses and Hat (we have hats at our camp store)
- Backpack or Beach bag to carry everything
- Wetsuits - we recommend that you bring one if you have one due to size and fit but we also provide wetsuits for those who need one.

Arrival and Departure Information:

Surf camp starts at 8AM Monday morning and finishes at 4PM Fridays.

Campers traveling long distances to camp are welcome to arrive Sunday Afternoon/Evening prior to their surf camp session. Arrivals must be after 3pm Sunday and all Departures must be either Friday afternoon when camp finishes or before 10AM the Saturday after the camp session ends. There is no supervision from 10am Saturday thru 3pm Sunday, exception being students participating in multiple sessions. Please drop off/pick up students at appropriate times or a fee will be imposed. There are no activities planned on Sundays and meals are not provided. If arriving Sunday please bring money to eat dinner (we usually order pizza). Staggered drop off times and social distancing will be applied this year for drop offs. Only one parent can drop off their camper and all parents and campers must wear facemasks.

Scheduling Flights and Getting Here: (overnight campers)

When scheduling your flight arrival and departure times, keep in mind the start and finish times for surf camp. 5-day sessions start Mondays at 8 A.M. and finish Fridays at 4 P.M. We do allow surf campers that are flying long distances to arrive on the Sunday afternoon or evening prior to their camp sessions so they can get a fresh start Monday morning. Campers must depart Saturday before 12 Noon(leaving camp prior to 10am). Please book flights according to these times.

Campers Flying As Unaccompanied Minors (UM)

Each airline has different age requirements and additional fees for flying unaccompanied minors. Please check with your airline before booking as some airlines require younger students to fly as UM's and it is rather expensive. Campers flying under the status of an UM will be met by an Endless Summer Surf Camp Representative. If you are scheduling your child's flight as an UM, it is MANDATORY that you note this in your travel itinerary form. We will provide you with the required UM driver/pickup information a week prior to your arrival. Shuttle cost are Double For Unaccompanied minors on the departing leg of the shuttle.

Campers Not Flying As Unaccompanied Minors (UM)

When the plane lands, call the driver's cell phone number you were given when you confirmed your travel plans. The driver will meet you outside of baggage claim. If you don't have a cell phone, the driver will meet you in baggage claim. If any problems arise, you can call the driver or call the camp's cell phone: (949)-275-7722.

Departures will be dropped off curbside at the check-in counter. No assistance to check-in will be made unless camper is unaccompanied minor or unless this was arranged with the office. Check-in assistance is available for an extra fee of \$25, call for information. A surf camp shuttle representative will contact you within a week of your scheduled arrival

at surf camp to confirm and give you the appropriate phone numbers of your driver.
Please confirm any travel changes with the Endless Summer Surf Camp Main office at least 24 hours prior to your arrival by phone (949) 498-7862.

Shuttle Service (overnight campers)

Airports serviced placed in order of preference: Orange County airport is the nearest to surf camp, 45 minutes. It is a small airport thus easy to avoid confusion during pick up and drop offs. We highly suggest booking flights into Orange County, Santa Ana, CA.

\$65 each way -Orange County/Santa Ana Airport (SNA)

\$75 each way – Long Beach Airport-Jet Blue/Delta (LGB)

\$85 each way -Los Angeles or San Diego Airports (LAX/SAN)

Shuttle Cost for flights arriving after 10PM Double. All Rates are per person. Group rates can be arranged. Call office for details. Pickups can be arranged from local Train Stations as well. San Clemente and San Juan Capistrano are the nearest Train Depots. The shuttle service is not operated by Endless Summer Surf Camp. They are independent contractors. All fees must be paid direct to shuttle drivers.

Arriving by car: Driving Directions to surf camp – San Onofre Bluffs

Campground Address: 5200 S Pacific Coast Hwy, San Clemente, CA 92672

- From Los Angeles take **the 5 or 405 freeway South** (from San Diego head North)
- **Exit at Basilone Road.** You will see San Onofre State Park next exit Sign.
- Turn **right** (if coming from San Diego exit Basilone and turn left) towards the beach.
- **Basilone Road leads you straight to the surf camp campground. Go straight, no turns at all; it dead-ends into San Onofre Bluffs Campground and guard kiosk.** You will head thru two stoplights and past the power plant. **NO TURNS.** Road runs parallel to the freeway. Let rangers know you are dropping off at the Endless Summer Surf Camp.

We are located at Campsites 99-101, **Trail 4.** Please drive the speed limit of 15MPH and respect that there are children playing in the campground. If you plan on staying more than 30 minutes they might want to charge you a day use fee of \$15.

Parking/Visiting:

If you are driving yourself to camp and are staying for the night there will be an extra vehicle fee of \$15 a night. Please inform an overnight counselor you drove in and need an area to park your car at night. We have limited parking space available for employees and overflow parking for parents and campers. Parents are welcome to come visit at any time during the week.

Important: Parking is difficult especially on our Final day, Friday. Please DO NOT Park in Numbered Campsites. The Park Rangers will ticket you. Day Use Parking is available at the Trailheads on the Inland side of the campground at Trail 3,4,5, and 6. During pick

up and drop off times a small area to load and unload will be made available for parents picking up and dropping off children. Please park within the cones.

Preparing for camp: Exercises

90% of surfing consists of Paddling the surfboard to get thru the waves and to catch waves. Paddling muscles used are the Shoulders, Triceps, and lateral muscles. Exercises helpful in fine-tuning these surfing muscles are swimming (freestyle or crawl stroke), pull-ups or chin-ups, dips, and push-ups. You should start these exercises at least 6 weeks prior to camp and do them 3 or more times a week. You can also check with your local trainer for advice. Surfing is a demanding sport, it might look easy but it takes a lot of physical upper body strength to paddle the board. You must also be comfortable swimming within the surf line and getting thrown around by the waves. This is one of the most intimidating things with surfing. Please make sure you are in good physical shape and are not afraid of the ocean and can SWIM before coming to camp because there is a no refund policy after surf camp has begun.

Camp Itinerary

Monday, upon arrival at surf camp (Monday 8am, or Sunday evening). If an overnight camper you will be directed towards your tent for the week by a camp counselor. If you need a wetsuit, a counselor will help fit you with one. After a brief group camp orientation at the campsite we will proceed down to the beach. Once on the beach an instructional session will be given, then we will separate into groups and head out into the water with your surf instructors. The rest of the week our daily schedule is as follows with the exception of Friday when we have a “just for fun” surf contest and awards ceremony.

Surf Camp Daily Schedule

7:00am Rise and Shine

7:30am Breakfast

8:00am get ready to head down to the beach/ Day Campers Arrive

8:30am review days surf conditions, stretch/yoga, meet your instructors

9:00am morning instructional surf session

11:00am free time to practice surfing, play volleyball, sunbath or just relax

12:00pm lunch served at the beach lets eat/relax and let our food digest

1:00pm afternoon instructional surf session

3:30pm pack things up and head up to camp /Day Campers Depart

4:30pm free time to relax, read, play ping-pong, foosball, skateboard, surf shop tour

6:30pm Dinner

7:30pm watch and review video of days surfing action

8:00pm watch feature movie

9:45pm get ready for bed/tent check

10:00pm sleep/lights out

Note: Daily schedule may vary due to surf and weather conditions (tides and wave size). We will have a surf shop tour one afternoon during the week.

LOST & FOUND

Campers can bring valuables with them to camp and we have an area in our employee trailers to store valuables. We have an area to charge cell phones and other electronic devices however, we suggest that these items be brought at your own risk. A busy camp environment is the ideal place to lose track of or misplace personal belongings. **With this in mind, we recommend that valuables NOT be brought to camp.**

To avoid loss of personal belongings, please clearly mark all clothing and items with camper identification prior to coming to camp. Endless Summer Surf Camp is **not responsible** for personal items that are lost, left behind, or stolen. All lost item claims must be submitted with a description of item(s) lost info@endlesssummersurfcamp.com. All unclaimed items will be donated to charity **two weeks after the end of each session.**

Thank you for taking the time to familiarize yourself with **Endless Summer Surf Camps** operations. **We can't wait to see you this summer!**

Important Contact Information:

Martha Montiero: Office Manager (949-498-7862)

Jason Senn: Owner/Camp Director

Rusty: Overnight Camp Managers (949-275-7722)

Please field all questions to the office at: 949-498-7862 during office hours. If no answer leave message we will return calls promptly.

Cell Phone at surf camp's Main site: 949-275-7722 – (check time difference before calling Please)

Mailing address: PO Box 414, San Clemente, CA 92674 – don't send care packages to this address. Call office for express mailing address.

For express mailing address call main office: 949-498-7862

Fax Number: 949-388-0193

E-mail: info@endlesssummersurfcamp.com

Camper Name: _____ Session: _____

Pre-Camp Health Screening

Dear Camp Families, In an effort to minimize illness at camp we ask that you check on the health of your camper daily beginning 14 days prior to camp. The best camp sessions start with healthy campers and this begins at home. Please bring this completed form to camp on opening day.

Please indicate if your camper has any of the following symptoms prior to camp and record a temperature daily. If any temperature or symptoms are present, please have your camper evaluated by a licensed provider and contact camp ASAP for further guidance.

Symptoms (symp):

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Chills
- Muscle Pain
- Sore throat
- New loss of taste or smell
- Nausea
- Vomiting
- Diarrhea

Please Initial

1. My child has not been around anyone with any of the listed symptoms or diagnosis of COVID19 in the 14 days before the start of camp. Initial _____

2. No one in our household has been sick in the 14 days prior to camp. Initial _____

3. My child has adhered to our state's guidelines regarding COVID19. Initial _____

Start date of temperature/ symptom screening: _____	Day:	14	13	12	11	10	9	8
	Temp/ symp							
	Day:	7	6	5	4	3	2	1
	Temp/ symp							

Our signature indicates that we completed this health screening daily for 14 days prior to camp and to the best of our ability. We understand that arriving to camp healthy is vital to a healthy camp for all campers.

Parent Signature: _____ Date: _____

Camper Signature: _____ Date: _____

This form is mandatory. You must record your campers temperature each day and bring this completed form with you to camp at check-in. If you do not have this form or you have not been completing it daily, your camper will be turned away at check-in.

created by Eleanor Matthews, RN 2020

COVID-19 Liability Release Waiver

The World Health Organization has declared the novel Coronavirus (COVID-19) a worldwide pandemic. Due to its capacity to transmit from person-to-person through respiratory droplets, the government has set recommendations, guidelines, and some prohibitions which Progressive Surf Camps, Inc. DBA Endless Summer Surf Camp (here after collectively referred to as "Endless Summer") adheres to comply. In consideration of my participation in the foregoing, the undersigned acknowledge and agree to the following:

1. I am aware of the existence of the risk as a participant at the time of arrival to the venue and my participation to the activity of Endless Summer that may cause injury or illness such as but not limited to Influenza, MRSA, or COVID-19 that may lead to paralysis or death.
2. I have not experienced symptoms that of fever, fatigue, difficulty in breathing, or dry cough or exhibiting any other symptoms relating to COVID-19 or any communicable disease within the last 14 days.
3. I have not been exposed to anyone with COVID-19 virus or with symptoms of the virus in the past 14 days.
4. I have not been, nor any member(s) of my household, diagnosed to be infected of COVID-19 virus within the last 14 days.
5. If camper has as higher risk for complications related to COVID-19, we strongly recommend that you consult with your medical provider to assess your risk to consider whether Endless Summer programs are appropriate for camper at this time. Please check below link CDC resources discussing those at higher risk at: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/index.html>

Following the pronouncements above I hereby declare the following:

1. I am fully and personally responsible for my own safety and actions while and during my participation at Endless Summer and I recognize that I may be in any case at risk of contracting COVID-19. With full knowledge of the risks involved, I hereby release, waive, discharge Endless Summer, its board, officers, independent contractors, affiliates, employees, representatives, successors, and assigns from any and all liabilities, claims, demands, actions, and causes of action whatsoever, directly or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by me related to COVID-19 while participating in any activity while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.
2. I agree to indemnify, defend, and hold harmless Endless Summer from and against any and all costs, expenses, damages, lawsuits, and/or liabilities or claims arising whether directly or indirectly from or related to any and all claims made by or against any of the released party due to injury, loss, or death from or related to COVID-19.
3. If my child or myself experience COVID-19 Symptoms or are diagnosed with COVID-19 while participating at Endless Summer a parent or guardian will be available to pick the participant up within 24 hours of notification. If not available plans for quarantine will be arranged and parent/guardians will be responsible for the expenses.

By signing below I acknowledge that I have read the foregoing Liability Release Waiver and understand its contents; that I am at least eighteen (18) years old and fully competent to give my consent for myself or for my child if I am the parent or guardian; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing it as my own free act and deed; that I give my voluntary consent in signing this Liability Release Waiver as my own free act and deed with full intention to be bound by the same, and free from any inducement or representation. This waiver will remain effective until laws and mandates relevant to COVID-19 are lifted.

Signature of Participant _____ Print Name _____

Signature of Parent or Legal Guardian (if under 18 yrs age) _____ Date _____
